



~Lunch N' Learn~

“Being Wise about Your Medications”

Presented by

Shannon Maldonado – Morristown Medical Center

Being “medicine wise” will help you know the right questions to ask about medicines and medical tests, and where to get trusted information. Having the right information will help you make better health decisions for you and those you care for.

Come hear about:

- How to define what is considered a "medication"
- The difference between generic and brand-name drugs
- How to recognize how changes in our aging bodies affect medications
- How to distinguish between allergic reactions, side effects and adverse drug events
- How to avoid common drug-drug and drug-food interactions

Date: **Monday, August 26, 2013**

Time: 12:00 PM – 2:00 PM

Place: Washington Twp. Public Library

Cost: **FREE!** ~ Complimentary luncheon is served.

MUST REGISTER

by calling the library at 908-876-3596

or register at www.wtpl.org

-Seating is limited-

Sponsored by the Senior Resource Center

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