



~Lunch N' Learn~

Catherine Segal

Registered Pharmacist and Marketing Executive

Cathy Segal has been working on allergy products since the switch to OTC status of Benadryl. She has aided the OTC availability of Zyrtec, Flonase and Flonase Sensimist.

Presents

"Immunization Update – A Shot in the Arm for Your Health"

How many days after a vaccination will you have full protection? What are the most important vaccines for adults? The misery of Shingles and the new Shingrix vaccine. Why do seniors need the stronger version of the annual flu shot? In the future will we be able to treat cancer with immunotherapy? Bring your vaccination records and see if you have all the ones recommended for Healthy People 2020.

Date: **Monday, January 7, 2019**

Time: 12:00 PM – 2:00 PM

Place: Chester Library

250 W Main Street, Chester

Cost: **Free Complimentary luncheon served**

MUST REGISTER

by calling the library at 908-879-7612

-Seating is limited-

Sponsored by the Senior Resource Center

50 Route 24, Chester, NJ 07930 908-879-2202

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