



~Lunch N' Learn~

Catherine Segal

Registered Pharmacist and Marketing Executive

Cathy Segal has been working on allergy products since the switch to OTC status of Benadryl. She has aided the OTC availability of Zyrtec, Flonase and Flonase Sensimist.

Presents

"Allergy, A 21st Century Disease"

It seems everyone has allergies these days! Learn why allergies have become more frequent and miserable despite new treatments.

Understand common triggers of allergy symptoms and how the inflammation process drives symptoms. Updated information about peanut allergies, the microbiome and best practices for relief will be shared.

Date: **Monday, March 26, 2018**

Time: 12:00 PM – 2:00 PM

Place: **Washington Twp. Public Library**

Cost: \$2. – LUNCH IS INCLUDED!

MUST REGISTER

by calling the library at 908-876-3596

or register at www.wtpl.org

-Seating is limited-

Sponsored by the Senior Resource Center

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